

# Wellness Policy Assessment Tool

Form 357 Rev 9/15

This template provides information on wellness policy goals and practices within the LEA. Use this tool to track progress and gather ideas on ways to create a healthier school environment. A separate assessment should be completed for each school or at a minimum, each school level. The wellness policy and completed assessment must be available to the public.

LEA/District Name Klondike ISD

Reviewer Steve McLaren

School Name Klondike Schools

Date August 5, 2025

Select all grades: PK ☒ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☒ 10 ☒ 11 ☒ 12 ☒

## I. Public Involvement

Yes ☒ No ☐ We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:

☒ Administrators ☒ School Food Service Staff ☒ P.E. Teachers ☒ Parents  
☒ School Board Members ☒ School Health Professionals ☒ Students ☒ Public

Yes ☒ No ☐ We have a designee in charge of compliance.

Name/Title: Steve McLaren, Superintendent

Yes ☒ No ☐ We make our policy available to the public.

Please describe: It is available through our school website.

Yes ☒ No ☐ We measure the implementation of our policy goals and communicate results to the public.

Please describe:

Yes ☒ No ☐ Our district reviews the wellness policy at least annually.

## II. Nutrition Education

Yes ☒ No ☐ Our district's written wellness policy includes measurable goals for nutrition education.

Yes ☒ No ☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc.).

Yes ☒ No ☐ We offer nutrition education to students in: ☐ Elementary School ☒ Middle School ☒ High School

## III. Nutrition Promotion

Yes ☒ No ☐ Our district's written wellness policy includes measurable goals for nutrition promotion.

Yes ☒ No ☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

Yes ☒ No ☐ We have reviewed *Smarter Lunchroom* techniques and evaluated our ability to implement some of them.

Yes ☒ No ☐ We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

Yes ☒ No ☐ We ensure students have access to hand-washing facilities prior to meals.

Yes ☒ No ☐ We annually evaluate how to market and promote our school meal program(s).

Yes ☒ No ☐ We regularly share school meal nutrition, calorie, and sodium content information with students and families.

Yes ☒ No ☐ We offer taste testing or menu planning opportunities to our students.

Yes ☒ No ☐ We participate in Farm to School activities and/or have a school garden.

Yes ☒ No ☐ We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).

Yes ☐ No ☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

Yes ☒ No ☐ We offer fruits or non-fried vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☐ à La Carte

Yes ☒ No ☐ We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.

Yes ☒ No ☐ We provide teachers with samples of alternative reward options other than food or beverages.

Yes ☒ No ☐ We prohibit the use of food and beverages as a reward.

Yes No **IV. Nutrition Guidelines** (Cont. from page 1)

- ☒ ☐ Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
- ☒ ☐ We operate the School Breakfast program: ☒ Before School ☐ In the Classroom ☐ Grab & Go
- ☒ ☐ We follow all nutrition regulations for the National School Lunch Program (NSLP).
- ☐ ☒ We operate an Afterschool Snack Program.
- ☐ ☒ We operate the Fresh Fruit and Vegetable Program.
- ☒ ☐ We have a Certified Food Handler as our Food Service Manager.
- ☐ ☒ We have adopted and implemented *Smart Snacks* nutrition standards for ALL items sold during school hours, including:  
☐ as à La Carte Offerings ☐ in School Stores ☐ in Vending Machines ☐ as Fundraisers

Yes No **V. Physical Activity**

- ☒ ☐ Our district's written wellness policy includes measurable goals for physical activity.
- ☒ ☐ We provide physical education for elementary students on a weekly basis.
- ☒ ☐ We provide physical education for middle school during a term or semester.
- ☒ ☐ We require physical education classes for graduation (high schools only).
- ☒ ☐ We provide recess for elementary students on a daily basis.
- ☒ ☐ We provide opportunities for physical activity integrated throughout the day.
- ☒ ☐ We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
- ☒ ☐ Teachers are allowed to offer physical activity as a reward for students.
- ☒ ☐ We offer before or after school physical activity: ☒ Competitive sports ☐ Non-competitive sports ☐ Other clubs

Yes No **VI. Other School Based Wellness Activities**

- ☒ ☐ Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.
- ☒ ☐ We provide training to staff on the importance of modeling healthy behaviors.
- ☐ ☒ We provide annual training to all staff on: ☐ Nutrition ☐ Physical Activity
- ☒ ☐ We have a staff wellness program.
- ☒ ☐ We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).
- ☐ ☒ We actively promote walk or bike to school for students with Safe Routes to School or other related programs.
- ☐ ☒ We have a recycling /environmental stewardship program.
- ☒ ☐ We have a recognition /reward program for students who exhibit healthy behaviors.
- ☒ ☐ We have community partnerships which support programs, projects, events, or activities.

**VII. Progress Report:** Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy

Our goal is to make sure our students eat healthy and maintain active at school and at home. We will continue to host taste testings so that our students will have the opportunity to taste new vegetables and fruits and how combining them with other products they can have more healthy options.

**VIII. Contact Information:** healthy options.

For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.

Name Steve McLaren Position/Title Superintendent  
Email Steve.mclaren@klondikeisd.net Phone (806) 462-7334 ext 304